**Park View Surgery Newsletter September 2023**

General Practice Awards

We are very proud to announce that our Lead Pharmacist Katie Smolski has been shortlisted for the Pharmacist of the Year Award 2023. I am sure you will all join us in congratulating Katie on all her hard work.



Our Staff

Well done to our assistant practitioner Laura Thomas who has just completed her first year at university to complete her Nursing degree. Laura finished top of the year group!

Dr Riding has given birth to a health baby boy and we wish her all the best.

We are delighted to announce we have employed a phlebotomist Ellie, she will be holding blood test clinics on a Friday morning for patients to book into.

Meet the clinical team

Dr Jeremy Hann – GP Partner

Dr Brigid Finlay – GP Partner – on long term sick

Dr Emily Riding – Salaried GP – On maternity leave

Lorraine Bellis – Advanced Nurse Practitioner

Julie Feeney – Advanced Nurse Practitioner

Dr Mariam Shifa – GPST3 – on maternity leave

Dr Mehwish Chand - GPST3

Dr Chinwe Olisaka – GPST3

Dr Zeenat Umerji – GPST2

Dr Amber Oldham – FY2

Joanne Owen – Practice Nurse

Laura Thomas – Assistant practitioner

Katie Smolski – Lead Pharmacist

Arron Dalvair – Clinical Pharmacist

Keri Gardner – Pharmacy Technician

Ellie Pennington - Phlebotomist

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| Stoptober 2023  Download the free NHS quit smoking app – The app allows you to track your progress, see how much you’re saved and get daily support. If you can make it to 28 days smoke-free, you’re 5 times more likely to quit for good! |

Flu vaccinations now available to book

Flu vaccination is safe and effective. It's offered every year through the NHS to help protect people at risk of getting seriously ill from flu. Flu vaccination is important because, while flu is unpleasant for most people, it can be dangerous and even life threatening for some people, particularly those with certain health conditions. The best time to have your flu vaccine is in the autumn or early winter before flu starts spreading.

If you're eligible for a free flu vaccine, you can book an appointment with the reception team. Clinics are being held from the end of September 2023.

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| **Preston Pride 2023**  Preston Pride has been successfully running annual ‘Preston Pride’ events since 2012. These events have normally included performances by various local, talented acts and stalls by LGBT+ related organisations along with a number of commercial stalls. **GET INVOLVED** A lot of hands and support is required to run Preston Pride. If you would like to get involved or support Preston Pride, see the support options on the website: https://www.prestonpride.com/support/  Preston pride events promote a culture of inclusivity and equality. All who wish to support and participate in these values are welcome to attend. |

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| #ASKABOUTASTHMA  #AskAboutAsthma 2023 takes place from 11 – 17 September. The campaign encourages children, young people and their parents and carers to understand how to best manage their asthma by following four steps:  **1**. get an asthma action plan in place,  **2.** understand how to use inhalers correctly,  **3.** schedule an asthma review – every year and after every attack, and  **4.** consider air pollution and its impact on lung health.  Visit the campaign webpage at [www.transformationpartnersinhealthandcare.nhs.uk/ask-about-asthma](http://www.transformationpartnersinhealthandcare.nhs.uk/ask-about-asthma) to learn more about the campaign |  | Google Review  If you are happy with the service you have received from the practice please do let us know by adding a google review using the following link: <https://g.page/r/CYKUdwsbOcLqEAI/review>  Or by scanning the QR code: |